

# Soccer Sidelines

~ ~ ~ ~ ~ *Important Dates* ~ ~ ~ ~ ~

**Rec Opening Day — Sat., April 6**

**6U - 9:30 AM    8U - 10:30 AM    10U - 11:30 AM**

Meet the coaches, skills stations, & snacks!

(Uniforms will be passed out if they have arrived.)

**6U-8U** practice or game 1 night a wk (Tues or Thurs)

practice or game Sat. morning 9:30 or 10:45

**10U** practices/games will be 2 nights/wk & Sat

(Tues. & Thurs. evenings & Sat. mornings 9:30 or 10:45)

**8U & 10U Jamboree - Sat., May 25**

**4U Little Kickers begins Tues., April 9, at 6 PM**

Practices or games Tues. & Thurs. evenings

**12U-19U: Practices begin mid-March**

**Games begin weekend of April 6**

**19U Tourney: weekend of May 18 @Ben Davis**

**12U & 15U Tourneys: weekend of June 1 @Ben Davis**

## Soccer Board

### Director

*Angel Chattin*

539-3357

*millcreeksoccerclub@gmail.com*

### Registrar/Secretary

*Jessica Shearier*

765-341-8908 // *star5\_11@yahoo.com*

### Treasurer

*~pending~*

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### Rec Plus Coordinator (12U-19U)

*Chris Shearier*

765-341-9625 //

*chris.shearier@yahoo.com*

### Rec Coordinator (4U-10U)

*Tim Stout*

268-4688 // *timhstout@gmail.com*

### Player & Coach Development

*Jeff Franklin*

539-2373//*jeffrey.t.franklin@gmail.com*

### Field Maintenance Director

*~pending~*

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### Member

*Melvin Carman*

667-7611 //

*edwardcarman96@gmail.com*

### Member

*Alison Lecher*

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### Referee Assignor

*Melissa Phillips*

539-5279

*mcosc.referees@gmail.com*

### Optimist Club President

*Jack Nichols*

## Picture Days, All Divs- TBA



If you have a 10U player, ask us about our 10U Friendlies Team. No extra charge. Team plays other clubs in our area, typically on Monday evenings. It's a great experience! For more information contact Jeff Franklin.

### What does my child need?

1. **SHIN GUARDS:** mandatory for all ages at all games and practices
2. **CLEATS:** recommended but not required  
Cleat bottoms must be “soccer” with no “toe” cleat. Softball or baseball cleats are acceptable, but the “toe” cleat must be cut off.
3. **BALL:** Every player must have a ball to bring to all practices. See size chart below.

4U-8U	Size 3
10U-12U	Size 4
15U-19U	Size 5

4. **HYDRATION:** Players should have a water bottle or sports drink available at practices and games. Remember to hydrate before & after!

### What if it's raining?

**Soccer IS played in the rain.** However, lightning, severe weather, or poor field conditions including standing water, may dictate cancellations for the safety of our players.

We usually hold off cancelling games until an hour beforehand because of how quickly the weather can change.

### What if a game is cancelled?

Coaches will be notified so that they may contact their teams. You may also check on our website and Facebook for weather related cancellations.

**Always assume the games and practices are still on!** It may be pouring down at your house but sunny skies at the fields. Any games cancelled will be made up at the earliest convenience, if possible.

### How long do games last?

4U: 3v3, four 4 min. periods, 1-2 min. rests

6U: 3v3, four 10 min. periods, 3 min. rests

8U: 5v5, four 12 min. periods, 3 min. rests

10U: 7v7, two 25 min. halves, 5 min. rest

12U: 9v9, two 30 min. halves, 5 min. rest

15U: 11v11, two 35 min. halves, 5 min. rest

19U: 11v11, two 45 min. halves, 5 min. rest

### What should my child wear?

**Games-** uniform shirt/jersey, a pair of black shorts, socks on the OUTSIDE of the shin guards

**Practices-** shirts are required at all times (no cuts down the side), shorts should be comfortable but not tight or too short  
Since our teams are comprised of a mixture of boys & girls, our **Dress Code** will be enforced at all times.

**Layering-** It can be ten degrees colder on the soccer fields because of the openness. Dress your child to be comfortable. Players can wear clothing underneath their uniform. (If wearing a jacket or hoodie, it must have no strings and have the hood tucked into the uniform.) For the Rec Plus kids, undergarments should match the main colors of their uniform shirt/jersey.

## Be a Good Sport!

The Optimist sports programs not only encourage good sportsmanship but also require it. We strongly believe it is the parents' responsibility to "lead by example" while we are on the soccer fields. Misconduct by players, coaches, or fans can cause immediate game termination, forfeiture, and dismissal from the field and/or expulsion from the program. All misconducts are reviewed by the Soccer Board and, if necessary, the Mill Creek Optimist Club.

## Referees

Most of our Referees are still in the process of learning. Referees WILL make mistakes. They are only human! Please treat the referees with respect and do not make comments to them during the game. If you have a concern or question, please wait until after the game and speak with your child's coach or a board member.

## Injured Players

If your child becomes injured while on the field, please remain on the sidelines until a Referee gives you the okay to enter the field. We understand the parents' concern for their child, but keep in mind the Referee does not know which child is yours or why you are entering the field. Are you a parent coming out to help? Or are you seeking revenge because of an injury?

## Safety First!

**Goals/Nets:** Please DO NOT allow your child to climb on the nets or hang from the soccer goals! Even though goals are secured, there is the possibility one could tip over, injuring someone. The nets are designed to stop balls not support the weight of a child. Our coaches do a great job reminding the kids, but we need your help too!

**Eye Glasses:** All glasses must have a safety strap attached to them!

**Jewelry:** (NO earrings, bracelets, rings, etc.) NO jewelry may be worn! Medical alert bracelets are the exception and must meet requirements and be approved by the referee beforehand.

**Barrettes/Hair Pins:** Nothing made of metal or hard plastic is allowed to be worn in the hair. Elastic hair bands or pony tail holders are permitted.

**Head Gear:** This is NOT mandatory but has been proven to reduce the risk of concussions from head to head contact.

## Visiting another field?

Our Rec Plus teams will play at many different fields throughout the season. Please remember that YOU represent our club at those games. Please be respectful and follow any local rules in place.

**Our fields are pet-free, non-smoking (includes e-cigarettes/vape pipes/vape pens or any other smoking devices), alcohol & drug free areas!**

**Spectators are not allowed on the bench sideline or around the goals (except in 4U).**

### Golf Cart

Our club's golf cart is used in many ways including: transporting injured players, field maintenance, and transportation to and from the fields.

If you need assistance & do not see the golf cart, please ask the concession stand workers to radio for a ride.

**PLEASE NOTE-** Only persons 16 or older with a valid driver's license are permitted to transport passengers on the golf cart!

### Parent Volunteer Policy

- \*Parent Participation Fee of \$20 per child is paid at registration
- \*Parents are asked to work 1 volunteer time slot for each child participating that season (Coaches/ assistants & team managers will not have to work additional shifts for other children.)
- \*If you have completed your volunteer shifts, the fee will be returned to you prior to the end of the season.
- \*Parent Participation Fee is NOT refunded if volunteer shift is NOT completed for that child.

We have lots of opportunities to volunteer and will send more info soon via email.

### Parking

Please park in the lot behind Cascade High School. Do NOT drop children (or others) off along 200 West. Those homes are private property. We cannot "cut through" their yards. It poses a safety risk to children and other drivers.

### Communication?

**Email-** check often; we send out lots of info through email

[www.millcreeksoccerclub@gmail.com](mailto:www.millcreeksoccerclub@gmail.com)

**Website-** lots of stuff from schedules & cancellations to helpful coaching videos

[www.millcreeksoccerclub.org](http://www.millcreeksoccerclub.org)

**Facebook-** like us on fb to get quick reminders, updates, or cancellations  
(Mill Creek Optimist Soccer Club)

**Coaches-** your child's coach is a great source of info & will provide best means of communication regarding games, schedule changes, general questions

**Board Members-** always happy to help!

### Special Thanks to our Supporters!

Road Service of Indiana  
Happy Valley Sand & Gravel, Inc.  
Mill Creek Optimist Club  
Mill Creek Community School Corporation  
Avon Sports Apparel  
Ray's Trash Service  
Dick's Sporting Goods  
Parent Volunteers

**Huge thanks to Road Service of Indiana & the Moore family for their donation of the new shed last spring!!!**



**ROAD SERVICE of Indiana**  
PO Box 455  
Clayton, IN 46118-0455

24 hr Road Service  
No Call Out Fees  
No Mileage Cost

Donnie Moore  
John Moore

**317-607-8404**  
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